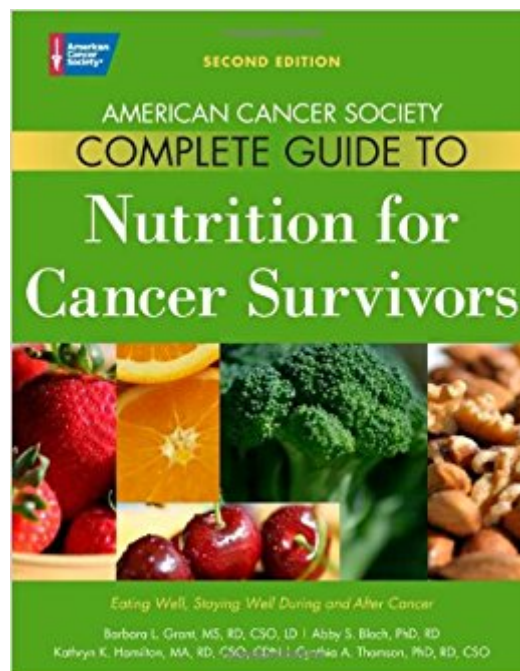


The book was found

# American Cancer Society Complete Guide To Nutrition For Cancer Survivors: Eating Well, Staying Well During And After Cancer



## Synopsis

Winner: 2011 American Medical Writers Association Award, Health Care Consumers; 2011 National Indie Excellence Award, Cancer; 2011 Mom's Choice Awards, Gold, Adult Books; Finalist: 2011 Next Generation Indie Book Award, Diet/Food/Nutrition "â"â"â" Written for consumers, patients, and families seeking reliable information about nutritional support for people with cancer, this comprehensive guide offers the latest information about using nutrition to optimal advantage during the cancer journey. Also discussed is the role of sound nutritional choices before, during, and after cancer therapy and how they can help bolster energy levels, strengthen the immune system, fight off infection, and minimize the side effects of treatment. Charts, information on special diets, and level-headed advice about dietary supplements make this a valuable tool for maintaining a healthy lifestyle.

## Book Information

Series: American Cancer Society Complete Guide t

Paperback: 284 pages

Publisher: American Cancer Society; 2 edition (April 20, 2010)

Language: English

ISBN-10: 0944235786

ISBN-13: 978-0944235782

Product Dimensions: 7 x 0.8 x 9 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars See all reviews (12 customer reviews)

Best Sellers Rank: #60,992 in Books (See Top 100 in Books) #19 in Books > Cookbooks, Food & Wine > Special Diet > Cancer #107 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer #320 in Books > Health, Fitness & Dieting > Alternative Medicine > Healing

## Customer Reviews

I was seeking answers about how to eat properly to survive and prevent recurrence of cancer. Instead, I read repeatedly "More studies are needed.....Some believe....." So I didn't feel the book delivered what it promised.

I'm a chemo nurse and bought this book to share with patients. They always have a lot of questions about what to eat and not eat and this book has clear concise messages. Easy to read.

Very good information about what you need to know. Great advise for me. This is something I needed. I check this book out for myself. I am pleased to have this book. Very good ideas of food you need to be eating on a daily basis. People like me need a resources to go by. Please check this book out for yourself. You won't be disappointed.

Really enjoyed - recommended to family and friends - eased the pain of cancer disease when book revealed some foods [veggies] ward off cancer

I bought three of these my one of my sisters is having chemo it is full of information so we can all learn what is best for her

This is a good book for anyone trying to clean up their diet although it is definitely intended for cancer survivors. It is more fact based and less fad diet than most diet advice out there.

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American Cancer Society Complete Guide to Nutrition for Cancer Survivors: Eating Well, Staying Well During and After Cancer  
Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer, Cancer Cure, Cancer Diet, Coping With Cancer, Cancer Books, Breast Cancer, Lung Cancer, Cancer Prevention, Colon Cancer)  
Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer, Cancer Books, Breast Cancer, Colon Cancer, Lung Cancer, Cancer Diet, Preventing Cancer, Cancer Prevention, Cancer Cure)  
Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer, Cancer Prevention, Cancer Cure, Coping With Cancer, Cancer Books, Breast ... Cancer, Leukemia, Colon Cancer, Skin Cancer)  
Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer, Cancer Cure, Cancer Diet, Coping With Cancer, Cancer Books, Breast Cancer, Lung Cancer, Cancer Prevention)  
Clean Eating: 365 Days of Clean Eating Recipes (Clean Eating, Clean Eating Cookbook, Clean Eating Recipes, Clean Eating Diet, Healthy Recipes, For Living Wellness and Weigh loss, Eat Clean Diet Book  
Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer, Coping With Cancer, Cancer Books, Breast Cancer, Colon Cancer, Lung ... Cure, Prostate Cancer, Cancer Prevention)  
The Men's Health Big Book of Food & Nutrition: Your completely delicious guide to eating well, looking great, and staying lean for life!  
The Breast Cancer Patient's Survival Guide: Amazing Medical Strategies for Winning: A Natural Guide to Treatment of Cancer, Breast Cancer, Cancer and Nutrition, Beating Cancer and Fighting Cancer  
Eating Well Through Cancer: Easy Recipes & Recommendations

During and After Treatment Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Anti-Cancer Diet: An Ultimate Guide to Reverse and Prevent Cancer Naturally! (anti-cancer diet, anti-cancer cookbook, anti-cancer diet recipes, reverse cancer, prevent cancer) Clean Eating: Clean Eating Diet: The 7-Day Plan for Weight Loss & Delicious Recipes for Clean Eating Diet (Clean Eating, Weight Loss, Healthy Diet, Healthy ... Paleo Diet, Lose Weight Fast, Flat Belly) Staying Human During Residency Training: How to Survive and Thrive after Medical School by Allan D. Peterkin (2012-04-17) Obsessive-Compulsive Disorders: A Complete Guide to Getting Well and Staying Well Eating Well After Weight Loss Surgery: Over 140 Delicious Low-Fat High-Protein Recipes to Enjoy in the Weeks, Months and Years After Surgery Colon Cancer - A Cancer Prevention and Cancer Cure Guide to Understanding the Facts of Colon Cancer for Treatment, Diet, and Nutrition Staying in Love Participant's Guide: Falling in Love Is Easy, Staying in Love Requires a Plan The Back in the Swing Cookbook: Recipes for Eating and Living Well Every Day After Breast Cancer Beating Cancer with Nutrition: Optimal Nutrition Can Improve Outcome in Medically-Treated Cancer Patients.

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